

Success at Uni

It's not as easy as falling off a log!!!

Think about adjusting to uni like adjusting to a new and different culture and then you will begin to understand the complexity of the pressure you are under.

Whether you are from Melbourne, a rural area, interstate or overseas, as new first year uni students you will have a number of transitions to negotiate.

Examples of these may include changes from:

- School learning styles to uni styles,
- Living at home to living independently,
- Being looked after to managing money, transport, time and study,
- Being known and surrounded by friends to not knowing another person,
- Being the top academically to being one of many very bright students,
- Feeling confident and in control to feeling very uncertain and out of control.

This is just to name a few!

Most students will make these transitions easily, but it's smart to think ahead.

Some things to think about before coming to uni

- Where you will live,
- How you will get here,
- How you will support yourself,
- Who else you know coming to this uni,
- What a typical day is like
- How you will have a good summer break

Some things to do once you're here

- Attend orientation week activities and your faculty events
- Get phone numbers of 1 or 2 people you meet in "o" week
- Attend all classes and tutorials
- Learn your way around the campus and become familiar with the services available
- Use the library in the first weeks
- Get used to asking questions and seeking help
- Get help when in doubt or having difficulties
- Be organised
- Plan a regular social, exercise and study timetable
- Have fun.

Make the most of every opportunity - academic and personal